

## Prices

Lip Fill 0.5ml	£150	<i>(recommended for top up only)</i>
Lip Fill 1ml	£200	
Russian Lip	£250	
Peri Oral Lines	£200	
Peri Oral & Marionette Lines	£350	
Cheek Lift 2ml	£250	
Cheek Sculpting 4ml	£400	
Nasolabial Lines 1ml	£200	
Marionette Lines 1ml	£200	
Nose Augmentation	£250	
Chin 1ml	£200	
Chin & Pre-Jowl 3ml	£350	
Jawline Sculpting 4ml	£450	
Lower Face Lift 4ml	£500	
Lower Face Sculpt & Lift 5ml	£600	
Tear Trough	£250	

Most dermal fillers contain hyaluronic acid (HA) a naturally occurring substance made in the dermal layer of the skin, where it absorbs vast amounts of water creating volume, effectively 'plumping' the skin. Hyaluronic acid is the basis of most reversible fillers used in aesthetic practice, to smooth facial lines caused by loss of underlying tissue, it can also be used to augment facial structures such as the lips. HA is broken down naturally by enzymes in the skin, so its effects are temporary, typically 9 - 18 months. This depends on the area treated and the individual's ability to metabolise HA.

As we age, the fibroblasts in the dermal layer become less active, and their hyaluronic acid output diminishes. Consequently, ageing skin loses its volume. Hyaluronic acid fillers vary in their consistency, more viscous fillers have a 'thicker' consistency, and are suited to replace significant volume loss such as the cheeks, less viscous fillers would be employed more superficially in the lips. Dermal fillers are administered by injection using a needle or cannula. By careful mapping of the face, and thorough knowledge of the anatomy of the facial arteries, your practitioner will know exactly where to inject, away from the blood vessels which could, in rare situations, be occluded by the dermal filler.



Loss of volume in the sub-orbital region/tear trough.

Volume restored with dermal filler using a cannula.

Lost volume restored to peri-oral lines.



Dermal filler used to restore volume in the peri-oral lines, vermillion border, and oral commissures.



Lower face sculpt and lift: includes chin, pre-jowl, marionette lines, peri-oral and oral commissures, nasolabial lines and 3 areas of anti-wrinkle treatment.



## What to expect

### During the procedure

Firstly, your practitioner will remove any makeup, they will then apply topical anaesthetic to the area to be treated and leave this for about 20-30 minutes. The procedure uses a fine needle or cannula to reduce any discomfort.

### Immediately after the procedure

You will experience mild to moderate inflammation, more noticeable with lips. Some of this volume is created by the filler, but there could be additional swelling resulting from the skin's inflammatory response and wound healing. As the topical anaesthetic wears off it is normal to feel discomfort, a cold compress will reduce swelling and if extreme your practitioner may recommend antihistamine.

### The days after the procedure

Any swelling caused by inflammation will subside, and the dermal filler and its absorption of water, should reach equilibrium.

## Pre-treatment advice

To reduce any risk of bruising and bleeding, it is important to avoid alcohol, aspirin, and anti-inflammatories such as ibuprofen, as they all increase the blood clotting time. If you develop a skin infection in the treatment area you cannot be treated.

## Best Practice

The work of some practitioners in the industry sometimes attracts a bad press, which undoubtedly leaves a question mark in the minds of clients uncertain and apprehensive about the outcome of a dermal filler procedure.

Firstly, I can assure you that my work is inherently safe and secondly, that you will not be 'over-filled'. And finally, I will only use dermal filler to replace lost volume. My results are subtle and sometimes built up over several treatments, until I have met my client's expectations.

Courses to train in dermal fillers can take as little as one day. It has taken me several years to finally achieve my Level 7 Certificate in Aesthetic Practice (Ofqual regulated). The Government are in the process of regulating the aesthetics industry and one day everyone, medics, and non-medics alike, will need Ofqual regulated qualifications to practise aesthetics.

## Dermal Fillers



07712263788

[www.andreaheathaesthetics.com](http://www.andreaheathaesthetics.com)

[info@andreaheathaesthetics.com](mailto:info@andreaheathaesthetics.com)